

## EyeDetect Speeds Up Recovery for the Unfaithful and Addicted, as Well as Their Traumatized Spouses



**“EyeDetect helps unfaithful spouses/addicts to ‘get real,’ break through their own denial, and begin to do the needed work.”**

Lauren Mauck, MA,  
LMFT, QS, CSAT-C



**“EyeDetect creates safety for the betrayed spouse and speeds up the therapeutic process.”**

Jenny Upton, MA,  
LMHC, QS, CSAT-C

### BACKGROUND

[Eagle's Wings Counseling Center](#) (EWCC) of Sarasota, Florida was founded in 2009. It's a nonprofit counseling center and outreach ministry providing mental health counseling services and education in a professional, Christian, and holistic way.

Prior to EWCC adopting EyeDetect as an integral part of treatment, therapists and betrayed spouses were never certain of the honesty of those in treatment. Such uncertainty negatively impacted the therapeutic process. EWCC was challenged with determining if unfaithful spouses or those in sex addiction therapy were truthful when disclosing the details of their sexual misconduct or sobriety in their therapeutic disclosure letter. Without verified truth, trust and safety could not be rebuilt and healing remained a daunting and often unimaginable task for all involved.



### EYEDETECT IMPLEMENTED

EWCC adopted [EyeDetect](#) as a therapeutic tool to facilitate the “need to know” aspect of healing, and to expedite the recovery of spouses with betrayal trauma. Patients take an EyeDetect test *before* reading the disclosure letter to their spouse — and it's only read *if* they've passed the test.

### RESULTS

With EyeDetect, the sense of safety and confidence in the accuracy and truthfulness of the disclosure letter for the betrayed spouse greatly increases. It's a “bench mark” in time where the spouses learn everything they wish to know. This fact significantly helps process information, calms down intrusive thoughts and “detective behaviors” (about details that might be undisclosed), and helps make educated decisions about additional steps to take — such as STD testing, job changes, drug screens, child safety measures, separation, etc. In many cases, the time of crisis and the overall length of therapy is reduced.

For addicts/unfaithful spouses, it often creates the crisis needed to recognize that their life is unmanageable and change is needed. It breaks through denial and brings patients face-to-face with the reality of their inappropriate behaviors and their consequences. EWCC therapists say EyeDetect decreases the game-playing by those determined to keep secrets. Many patients have chosen to review and revise their disclosure letter, knowing the test is coming. Some have stopped mid-test to confess. EWCC therapists repeatedly hear that if not for EyeDetect, patients would opt not to include some information in their disclosure letter. Some have taken an EyeDetect test several times a year for accountability purpose, providing additional security to heal their marriages.

### RETURN ON INVESTMENT

According to Co-Founder Jenny Upton: “EyeDetect has revolutionized our counseling process. Knowing the truth creates safety for the betrayed spouse, forces the addict/unfaithful spouse to get real, speeds up the therapeutic process, and increases the likelihood of a full recovery. EyeDetect makes our job as counselor easier and more effective. Without question, EyeDetect will remain a regular, standard part of our therapeutic process.”